NEXT OF KIN PLAN

Loved One Is in the ICU.
Complete these 6 tasks before you leave the hospital.

Upload these 6 things by Friday 3 pm. Everything else can wait.

1. FIND THE PHONE & PASSCODE

Where: Purse, jacket, nightstand, or laptop bag
Do: Locate the phone. Look for a sticky note with the passcode. Do not unlock it yet , just photograph the code. Keep it charged.
Why: You'll need 2FA codes for bank apps if you have to act later. You're preparing, not invading.

2. LOCATE THE POWER OF ATTORNEY (POA)

Where: Fire-safe, filing cabinet labeled "IMPORTANT," or attorney's office.
Do: Find the POA document. Read it. Does it name you as agent? Is it "durable"?
Why: If NO POA exists, you cannot legally pay their bills. Skip to Step

3. IDENTIFY 3 BILLS DUE IN 72 HOURS

Where: Phone banking app, email, or mail stack at home.
Do: Think: mortgage, utilities, phone. Check for autopay alerts. Write them down.
Why: You're keeping the lights on, not taking over.

4. TEXT ONE SIBLING NOW

Do: Send this: "Mom had a stroke. I have the POA. I'll handle bills. You call the doctor for updates. Text me when you have info."
Why: Split roles: you handle money, they handle medical. Assigning roles locks everyone in.

5. ASK FOR THE CASE MANAGER

Where: Nurses' station
Do: Ask: "Is there a hospital case manager for long-term care?" Get their card.
Why: If this becomes long-term, you'll need options. Don't decide now, just get the contact.

6. TEXT “ICU ” TO (305) 762-9629

Do: We'll create a temporary vault (14 days free). If they recover, delete it. If not, it converts to the full rescue.
Why: No guilt of "acting too soon." You're gathering options, not making irreversible choices.

You will not remember this tomorrow. Do it now.

- ☐ Find the fire safe or filing cabinet and look for POA, insurance cards, and bank statements
- ☐ Photograph the front page of any important document you see
- ☐ Put their phone on the charger. Do not let it die.

Text ICU to (305) 762-9629 — We respond in 2 minutes
www.NextOfKinPlan.com